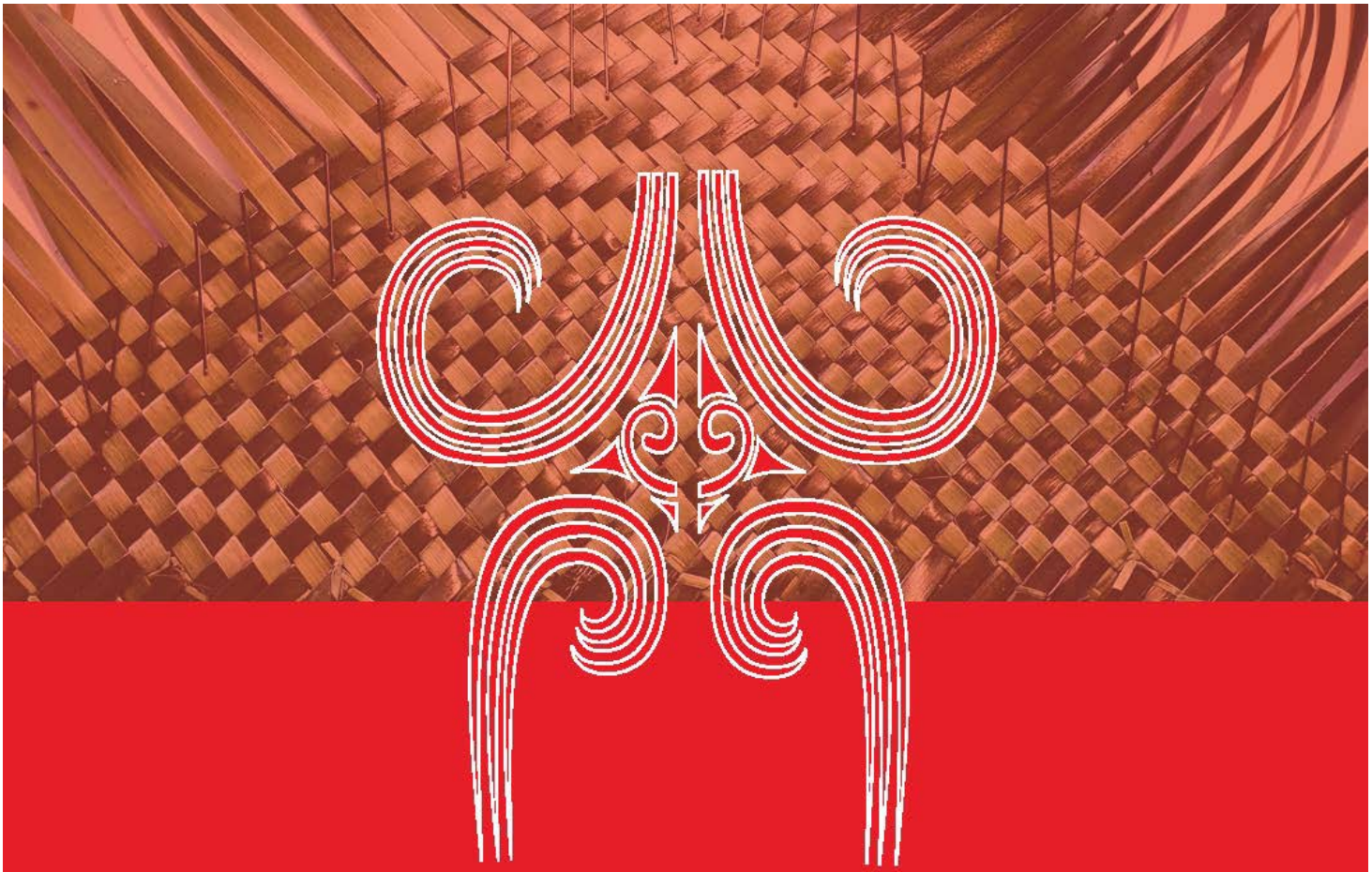
Te Kura Tuarua o Tūranga Wāhine
Gisborne Girls' High School



Course Handbook

Year 10

YEAR 10 COURSE STRUCTURE

Ākonga will study 18 courses across the year. The year is divided into 3 trimesters. Each trimester will last for approximately 13 weeks.

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Trimester 1	Trimester 2	Trimester 3
6 courses	6 courses	6 courses

Core Courses

Core courses make up 13 of the 18 courses studied in Year 10.

Ākonga will stay with the same core class for these learning areas. They will have specialist Kaiako for each subject, while learning alongside the same group of ākonga.

	**English** 3 courses (one in each trimester)
	**Mathematics** 3 courses (one in each trimester)
	**Science** 2 courses
	**Social Science** 3 courses
	**Health and Physical Education** 2 courses

Science and Health and Physical Education are rotated across the three trimesters.

Specialist Courses

Specialist courses make up the remaining 5 courses studied across the year.

 The Arts	Technology	 Learning Languages

Each ākonga has 5 specialist course choices across the year. Specialist courses are made up of ākonga from across the Year 10 cohort. This gives ākonga the opportunity to meet and learn alongside ākonga from different core classes.

If taking Te Reo Māori: Te Reo Māori counts as two of the five specialist choices. Ākonga then choose:

- 1 Technology course
- 1 Arts course
- 1 other course of their choice.

If not taking Te Reo Māori: Ākonga choose:

- 2 Technology courses
- 2 Arts courses
- 1 other course of their choice

Ngā Manu Tangi Ata (NMT – Bilingual Unit): Te Reo Māori and Te Ao Haka is already included as part of the NMT core programme. NMT ākonga have two specialist choices:

- 1 Technology course
- 1 Arts course

CORE LEARNING AREAS

ENGLISH

COURSE 1	10ENG1	NZ NOVEL AND SPEECH

Overview

Ākonga will complete a combination of reading and writing activities based on a NZ novel. They will then present a speech selected from a range of topics.

Who to contact for more information

Steve Webb
Email: stephen.webb@gghs.school.nz

COURSE 2	10ENG2	SHAKESPEARE, DEBATE AND PERSUASIVE WRITING

Overview

Ākonga will complete a combination of reading and writing activities based on the play Romeo and Juliet. This will be followed by debate study and the development of persuasive writing skills.

Who to contact for more information

Steve Webb
Email: stephen.webb@gghs.school.nz

COURSE 3	10ENG3	FILM, NOVEL AND CREATIVE WRITING

Overview

Ākonga will complete a combination of reading and writing activities based on a film study and the analysis of an international novel. There will be a strong focus on creative writing including poetry writing and response.

Who to contact for more information

Steve Webb
Email: stephen.webb@gghs.school.nz

MATHEMATICS

COURSE 1	10MAT1	ALGEBRA

Overview

In Trimester 1, ākonga start the year with Algebra. They develop algebraic thinking by simplifying and manipulating algebraic expressions, including collecting like terms, expanding, and factorising. Ākonga build on these foundational skills to solve linear and quadratic equations, applying algebra to solve problems.

Who to contact for more information

Jess Williams
Email: jess.williams@gghs.school.nz

COURSE 2	10MAT2	STATISTICS AND PROBABILITY

Overview

In Trimester 2, ākonga complete their algebra learning with graphs and patterns, developing their understanding of relationships between tables, equations, and graphs. They also investigate statistics and probability by exploring data and interpreting probability tables and trees.

Who to contact for more information

Jess Williams
Email: jess.williams@gghs.school.nz

COURSE 3	10MAT3	TRIGONOMETRY AND PROBLEM SOLVING

Overview

To scaffold toward Maths in Year 11, in Trimester 3, ākonga develop their understanding of trigonometry by exploring how trigonometric relationships can be used to find unknown sides and angles in right-angled triangles. They then connect trigonometry, measurement, geometry, and algebra, applying these ideas to solve a range of mathematical and contextual problems.

Who to contact for more information

Jess Williams
Email: jess.williams@gghs.school.nz

PHYSICAL EDUCATION AND HEALTH

Course 1	PEH1	RELATIONSHIPS, SOCIETY AND ACTIVE PARTICIPATION

Overview

Ākonga will have two Health lessons per week. This includes learning about maintaining relationships, sexual relationships and inclusive communities.

Ākonga will have two P.E. lessons per week where they will learn about skills to participate with others, social and cultural influences on movement and outdoor education.

Who to contact for more information

Ingrid Meister (HOF)
ingrid.meister@gghs.school.nz

Kelly Warren (Asst HOF)
kelly.warren@gghs.school.nz

Course 2	10PEH2	PHYSICAL, MENTAL HEALTH AND MOVEMENT

Overview

Ākonga will have two Health lessons per week. This includes alcohol and drugs, mental health, online safety and sexual health.

Ākonga will have two P.E. lessons per week where they will learn about sport science, skills acquisition and the psychology of movement.

Who to contact for more information

Ingrid Meister (HOF)
ingrid.meister@gghs.school.nz

Kelly Warren (Asst HOF)
kelly.warren@gghs.school.nz

SCIENCE

COURSE 1	10SCI1	GOING FOR GOLD

Overview

In *Going for Gold*, ākonga explore the science behind human performance, investigating how the body and mind work together to achieve peak performance.

Through the study of body systems, psychology, genetics, forces and motion, ākonga will discover how the human body grows, moves, responds, recovers, and adapts. They will investigate what gives athletes an edge, from the way muscles and the nervous system work to how genetics, mindset, training, and the laws of physics influence performance.

Ākonga will apply scientific thinking to real-world sporting challenges, exploring what it takes to push the human body to its limits.

The question is do you have the science to win?

Who to contact for more information

Sam Mottart

Email: sam.mottart@gghs.school.nz

COURSE 2	10SCI2	OFF GRID

Overview

In *Off Grid*, ākonga explore how science can help us create a more sustainable and self-sufficient future.

By investigating energy, chemical reactions, electricity, heat transfer, and environmental science, ākonga will discover how we can generate and use energy, manage resources, reduce waste, and design solutions that work with the environment rather than against it.

Ākonga will apply scientific knowledge and problem-solving skills to real-world challenges, developing innovative and sustainable solutions for living independently and responsibly.

The question is: Do you have the science to live off grid?

Who to contact for more information

Sam Mottart

Email: sam.mottart@gghs.school.nz

SOCIAL SCIENCE

COURSE	10BUS	BUSINESS

Overview

This course considers how financial wellbeing is shaped. We explore personal finance and how money flows interdependently across households, business, and government.

Who to contact for more information

Dr Nic Taewa

Email: nic.taewa@gghs.school.nz

COURSE	10GEO	GEOGRAPHY

Overview

This course builds on Year 9 Geography through exploring relationships between our natural and cultural environment. Ākonga will investigate the causes and impacts of human actions on the natural environment and sustainability. Ākonga will develop skills in visual, statistical and spatial resource interpretation and writing as a Geographer using evidence. Topics include Climate Zones, Urbanisation, Megacities, and Human Rights.

Who to contact for more information

Dr Nic Taewa

Email: nic.taewa@gghs.school.nz

COURSE	10HIS	HISTORY

Overview

This course builds on Year 9 History as it explores the causes, consequences, and perspectives of contested historical events. Ākonga will develop the ability to unpack and critique historical sources and develop historical arguments on historical questions. Topics include NAZI Germany, New Zealand in WW1 and WW2, and Disasters.

Who to contact for more information

Dr Nic Taewa

Email: nic.taewa@gghs.school.nz

LEARNING LANGUAGES

MĀORI

COURSE 1	10MAO	TE TAKAPAU

Overview

Ākonga will participate in activities across the four strands of language; listening, writing, reading and speaking as well as learning tikanga Māori as practiced within Te Ao Māori settings. Ākonga will be able to build on their Year 9 language learning experiences through the use of familiar phrases within familiar and non-familiar situations. They will delve further into the richness of the language through learning simple kīwaha, whakataukī and pēpeha. Research, games, speaking activities, waiata, karakia, role-play.

Who to contact for more information

Matua Mōrehu Nikora
morehu.nikora@gghs.school.nz

COURSE 2	10TAH	TE AO HAKA

Overview

In this course ākonga will develop their skills in a variety of Māori performing art disciplines. Ākonga will grow and develop their knowledge of Te Ao Haka through te reo, tikanga and mātauranga Māori practices. This will complement the Year 10 Te Reo Māori programme for those ākonga studying the language. Ākonga will cover an array of Te Ao Haka disciplines with a particular focus on local kaupapa and regional variations of performance. Research, performance, skill development in poi, singing, basic choreography.

Who to contact for more information

Kōkā Te Rina Lemon
terina.lemon@gghs.school.nz

SPANISH

COURSE 1	10SPA1	NOVICE SPANISH

Overview

This empowering and engaging 12 week beginner (**novice level for those who haven't taken Spanish in Year 9)** Spanish course introduces Year 10 ākonga to essential language skills through fun, interactive learning. Ākonga build confidence communicating in everyday situations while exploring the cultures of the Spanish-speaking world. The course fosters cultural understanding, empathy, and curiosity, encouraging learners to connect with diverse perspectives and develop a lifelong interest in languages.

Who to contact for more information

Vicky Mottart
vicky.mottart@gghs.school.nz

COURSE 2	10SPA2	SPANISH

Overview

Take your Spanish to the next level! In this fun and engaging 12 week course, ākonga will become the editor of their own Spanish magazine, creating articles and features about the things they love—whether that's food, travel, cars, fashion, music, sport, or the environment. Build confidence, express ideas in Spanish, and explore the cultures of the Spanish-speaking world while developing creativity, cultural understanding, and empathy.

Who to contact for more information

Vicky Mottart
vicky.mottart@gghs.school.nz

SPECIALIST COURSES

THE ARTS

COURSE	10ART1	VISUAL ART: DRAWING & PAINTING

Overview

Ākonga will develop their drawing and painting skills by exploring both realistic and simplified forms through observational drawing. Ākonga will experiment with a range of painting techniques, colour palettes, and artistic styles while building confidence in visual Art.

Ākonga will create a series of artworks that explore **Turanga Waewae (Place of Belonging)** using the local landscape as inspiration. Ākonga will investigate traditional and contemporary artist models to gain new ideas, plan artwork, and practice art skills.

Throughout the course, ākonga will learn how artists tell a story or share a message through their layouts and visual choices. Ākonga will refine their artworks through reflections.

Who to contact for more information

Tamsin Wilson

Email: tamsin.wilson@gghs.school.nz

COURSE	10ART2	VISUAL ART: DRAWING, PATTERN, PAINT AND PRINT

Overview

Ākonga will explore the rich traditions and contemporary practices of Māori and Pasifika art. Ākonga will investigate the cultural significance of pattern, symbolism, and design while studying traditional and contemporary artist models.

Ākonga will develop drawing skills through observational studies and learn how to simplify forms into effective artworks. Ākonga will experiment with painting and printmaking techniques, pattern-making, and limited colour palettes to create meaningful artworks.

Using the theme of **kaitiakitanga (Guardianship and care for the environment)**, ākonga will create a body of work that communicates personal and cultural ideas. Ākonga will refine artworks through reflections.

Who to contact for more information

Tamsin Wilson

Email: tamsin.wilson@gghs.school.nz

COURSE	10DES	DESIGN

Overview

This course builds on digital art making ideas, methods and processes acquired at Year 9 in digital drawing and photography. Ākonga will explore themes relating to their own immediate world / personal identity, gaining further confidence in digital drawing using Procreate on iPads, and computer design using Adobe Illustrator and Photoshop.

Who to contact for more information

Tamsin Wilson

Email: tamsin.wilson@gghs.school.nz

COURSE	10DRA	PERFORMANCE DRAMA

Overview

This course is designed to develop performance skills and confidence on stage. It focuses on refining skills, considering deeper meaning and subtext, and how to perform with emotion and impact. This course involves pair and small group work, confidence building, and will end with a whole class performance project.

Who to contact for more information

Sam Millar (HOD Drama)

Email: samantha.millar@gghs.school.nz

COURSE	10DRP	PRODUCTION DRAMA

Overview

This course is designed to further develop skills and knowledge for backstage and technical roles. It focuses on set design, lighting, costumes and stage management through a range of platforms. This course is designed to build creativity and an understanding of the skills required for the backstage and technical aspects of theatre and is very hands on.

Who to contact for more information

Sam Millar (HOD Drama)

Email: samantha.millar@gghs.school.nz

COURSE	10MUS	PERFORMANCE MUSIC

Overview

This course is based on increasing musical skills knowledge. It also builds on skills taught in Year 9. Work in this course will involve a variety of class activities. Ākonga will receive group tuition in either drums, bass, guitar or keyboard.

Who to contact for more information

Jane Egan

Email: jane.egan@gghs.school.nz

TECHNOLOGY

COURSE 1	10DGT	DIGITAL TECHNOLOGY

Overview

In this course ākonga learn to design and create their own digital outcomes. If ākonga enjoy games, design, and creativity, this course gives the freedom to build something that interests them.

Who to contact for more information

Sue Bristow
Email: sue.bristow@gghs.school.nz

COURSE 2	10FTN	FOOD AND NUTRITION

Overview

This course further develops ākonga understanding of the technology design process in a food context. Ākonga will expand their knowledge in food techniques and refine sustainable outcomes based on feedback.

Who to contact for more information

Sue Bristow
Email: sue.bristow@gghs.school.nz

COURSE 3	10PDT	PRODUCT DESIGN

Overview

This course consolidates the design process. Ākonga have the opportunity to build on and extend their knowledge of specialist tools, materials and techniques. Themes focus on designing and developing a marketable product.

Who to contact for more information

Sue Bristow
Email: sue.bristow@gghs.school.nz

COURSE 4	10TET	TEXTILES

Overview

This course develops ākonga skills and knowledge in textiles and the technology design process. Ākonga design and make their own hoodie, learning practical skills in pattern development, fabric selection, construction and evaluation.

Who to contact for more information

Sue Bristow
Email: sue.bristow@gghs.school.nz